

7 Steps to Effective Communication



“How to eat the elephant in the room”

Are you...

- Frustrated with your ability to influence your team, spouse, or peers?
- Thinking to yourself, “they just don’t understand”?
- Experiencing anxiety or avoiding having difficult conversations?

If you want to...

- Understand how to be better understood
- Positively influence others & gain better relationships
- Decrease friction and conversational conflict
- Build a more effective communication strategy
- Improve your communication value to your organization



Sign up for our workshop, and you’ll receive...

- **Tips:** to improve that you can use right away!
- **Tools:** the resources to create powerful, sustainable change
- **Team-building:** A fun and interactive experience to remember
- **Take-away:** A blueprint of how to reduce your communication frustration to positively impact your life



More Info:

- This workshop is for owners, leaders, managers, or anyone who wants a better strategy to relate to and engage with others.
- Full or half-day sessions available
- Pre-assessment may be required for participation and effective results
- Use the contact page on our website, or give us a call, to **schedule your workshop!**



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